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Berkshire Autism Projects Committee

Berkshire Activity Days 2016

Martial Arts, Gymnastics, Movement and games...

Dates: Tuesday Feb. 16, & Wednesday Feb. 17, Thursday Feb 18, 2016

Time: 12:00 PM to 3:00 PM

Location Chin Bo Jok & Gymfest (10 Lyman St., Pittsfield)

For ages 5 & up.

Siblings and friends are welcome, however **space is limited – children with special needs will be given first priority.**

Activities include:

Martial arts with Nancy Salvatore of Chin Bo Jok ~ Gymnastics with Stephanie Pickard of Gymfest, and other activities.

We will have five rotating group sessions, lasting 30 minutes each with a 30 minute snack break.

Children should wear comfortable clothes that can be tucked in.

(no shoes/socks allowed on mats.) Long hair should be pulled back.

Please bring a snack ~ Cost is \$45 per child

Participation for all 3 days is required

All forms and payment must be provided by 2/5/16.

No sign ups accepted on the day of.

Payments can be made by: sending a check or money order to the Easthampton Office or calling our Easthampton office at 413-529-2428

Please call or email Erica Donovan for more information or to sign up at 413-529-2428 X125 or 413-443-4780 X19 or erica.donovan@theassociationinc.org